**LEARNING from FAILURE**



Failure is inevitable on the path to success. We are conditioned to achieve and succeed but often struggle when we fall short – with negative consequences to our self-esteem and motivation. Don’t buy into the narrative that failure is to be avoided and that it is devastating when it occurs.

Here are some examples of a new perspective on failure:

[Strategies for Learning from Failure](https://hbr.org/2011/04/strategies-for-learning-from-failure)

[When we Learn from Failure (and when we don’t)](https://hbr.org/2014/05/when-we-learn-from-failure-and-when-we-dont)

[The 4 Keys to Learning from Failure](http://www.huffingtonpost.com/guy-winch-phd/learning-from-failure_b_4037147.html)

[8 TED Talks about Learning from Failure](http://blog.ted.com/8-talks-about-learning-from-failure/)

[21 Ways to Learn from Failures](http://www.7ideas.net/21-ways-to-learn-from-failures/)

[30 Powerful Quotes on Failure](http://www.forbes.com/sites/ekaterinawalter/2013/12/30/30-powerful-quotes-on-failure/#17a92e215d33)

[The Success-Failure Project at Harvard](http://successfailureproject.bsc.harvard.edu/)